

Curriculum Coverage in PSHCE

	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn Term 1	<p>Topic: Relationships & Diversity Knowledge: Return to school recovery curriculum, Transition, Diversity, prejudice and bullying. Skills: How to manage friendships. NC Links: PSHE Relationships</p>	<p>Topic: Citizenship & Relationships Laws & Justice. Discrimination Knowledge: Return to school recovery curriculum. Introducing students to British Laws and the justice system. Human rights including attitudes to racism. Online safety & digital literacy Skills: online safety & digital literacy NC Links: Citizenship, PSHE Relationships</p>	<p>Topic: Respectful Relationships Knowledge: Return to school recovery curriculum. Families and parenting, healthy relationships, conflict resolution and relationship changes Skills: : Appreciating difference, empathy NC Links: PSHE Relationships</p>	<p>Topic: Relationships Knowledge: Return to school recovery curriculum. Addressing extremism and radicalisation Communities, belonging, challenging extremism Skills: Prevention strategies NC Links: PSHE Relationships</p>	<p>Topic: Communication in Relationships Knowledge: Return to school recovery curriculum. Personal values and assertive communication (including in relation to contraception and sexual health. Tackling domestic abuse & forced marriage Skills: Recognising signs and symptoms of abusive relationships. Management strategies NC Links: PSHE Relationships</p>
Cross Curricular Link	SMSC ICT	British Values SMSC ICT	British Values SMSC Science	British Values SMSC	SMSC
Autumn Term 2	<p>Topic: Health & Wellbeing Knowledge: Healthy routines, influences on health, puberty, unwanted contact, FGM Skills: decision-making, analysis NC Links: PSHE RSE</p>	<p>Topic: Health & Wellbeing Knowledge: Mental health and emotional wellbeing- body image and coping strategies Skills: evaluation, strategies to improve self-esteem NC Links: PSHE RSE Health</p>	<p>Topic: Health & Wellbeing Knowledge: Diet & exercise and healthy choices. Mental health and ill health stigma, safeguarding health including during periods of transition or change Skills: analysis, evaluation,</p>	<p>Topic: Preparation for Work Experience Knowledge: interviewing and job skills in preparation for going on work experience Skills: interview techniques</p>	<p>Topic: Citizenship, Health & Wellbeing Knowledge: Law & justice Self-efficacy, stress management and future opportunities Skills: Revision techniques, mental</p>

	Health and wellbeing	and wellbeing	strategies to cope NC Links: PSHE Health & Wellbeing	NC Links: Citizenship & PSHE Living In The Wider World	health & wellbeing strategies NC Links: Citizenship, PSHE Health & Wellbeing
Cross Curricular Link	SMSC Science PE	SMSC Science PE	SMSC Science	British Values SMSC	British Values SMSC
Spring Term 1	Topic: Building Relationships Knowledge: Self-worth, romance and friendships (including online) and relationship boundaries Skills: strategies to improve self-esteem NC Links: PSHE Relationships & Statutory RSE	Topic: Relationships Knowledge: Gender identify, sexual orientation, consent, sexting and introduction to contraception Skills: decision-making skills NC Links: PSHE Relationships & Statutory RSE	Topic: Relationships Knowledge: RSE including healthy relationships and consent. STIs, attitudes to pornography Skills: Recognising signs & symptoms. Prevention strategies NC Links: PSHE Relationships & Statutory RSE	Topic: Healthy Relationships Knowledge: Tackling relationship and sex expectations, myths, pleasure and challenges including the impact of the media and pornography Managing romantic relationship challenges including break ups. Skills: Managing emotions NC Links: PSHE Relationships	Topic: Careers & Citizenship Knowledge: Understanding college processes and skills for employment. Law & Justice Skills: Numeracy, evaluation, debate NC Links: Citizenship & PSHE Living In The Wider World
Cross Curricular Link	SMSC Maths	Science SMSC	SMSC Science	SMSC	British Values SMSC Maths
Spring term 2	Topic: Citizenship & Living in the Wider World Knowledge: Financial decision-making: Saving, borrowing, budgeting	Topic: Citizenship & Living In the Wider World Knowledge: Communities & Identities. Equality of opportunity in careers and life choices, and different	Topic: Citizenship: Politics Knowledge: Liberty, freedom and parliamentary democracy Skills: analysis, debate NC Links: Citizenship	Topic: Citizenship & Living In The Wider World Knowledge: Democracy at work in the UK. Debt & Gambling	Topic: Living In The Wider World/ Relationships RSE catch up Knowledge: Global issues and internet

	and making financial choices. Managing risk Skills: Numeracy NC Links: Citizenship & PSHE Living In The Wider World	types and patterns of work Skills: NC Links: Citizenship & PSHE Living In The Wider World		Skills: Analysis, debate, numeracy NC Links: Citizenship & PSHE Living In The Wider World	safety. Opportunity for students who wish to opt back in to RSE to receive RSE education. Skills: Global awareness NC Links: PSHE Living IN The Wider World &/or Relationships
Cross Curricular Link	SMSC Maths	SMSC British Values	British Values SMSC English	British Values SMSC Maths	British Values SMSC Science
Summer Term 1	Topic: Living In the Wider World Knowledge: Enterprise, careers & raising aspirations Skills: analysis and evaluation NC Links: PSHE Living In The Wider World	Topic: Living in The Wider World Knowledge: Understanding careers and future aspirations. GCSE options Skills: analysis and evaluation NC Links: PSHE Living In The Wider World	Topic: Citizenship & Living In The Wider Worlds Knowledge: Evaluating value for money in services & making financial decisions. Employability and online presence Skills: Numeracy, Evaluation, Decision-making NC Links: Citizenship & PSHE Living In The Wider World	Topic: Citizenship, Health & Wellbeing: Exploring Influence Knowledge: Living together in the UK, The influence and impact of drugs, gangs, role models and the media Skills: Debate NC Links: Citizenship, PSHE Health & Wellbeing	Topic: Power & Influence Knowledge: Understanding the UKs place in the world and looking at government at a variety of levels. Skills: Debate, analysis, evaluation NC Links: Citizenship & PSHE Living In The Wider World
Cross Curricular Link	British Values SMSC Maths	Maths	British Values SMSC Maths	English SMSC	British Values SMSC English
Summer Term 2	Topic: Citizenship, Health & Wellbeing Knowledge: Rules, Fairness, Rights & Responsibilities. Personal safety in and	Topic: Health & Wellbeing: Drugs and Alcohol Knowledge: Alcohol & Drugs misuse and pressures relating to drug	Topic: Health & Wellbeing Knowledge: Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness,	Topic: Health & Wellbeing & WEX Knowledge: Responsible health choices and safety in independent contexts	

	<p>outside school including first aid Knowledge of first aid including how to use CPR Skills: Knowledge of rights and responsibilities. NC Links: Citizenship, PSHE Health & Wellbeing</p>	<p>use Skills: Knowledge of first aid including how to use CPR NC Links: PSHE Health & Wellbeing</p>	<p>substance misuse, and gang exploitation Skills: Knowledge of a range of alternative strategies to help cope in difficult situations NC Links: PSHE Health & Wellbeing.</p>	<p>Skills: analysis, evaluation, debate NC Links: PSHE Health & Wellbeing</p>	
<p>Cross Curricular Link</p>	<p>British Values SMSC Science PE</p>	<p>SMSC Science</p>	<p>SMSC</p>	<p>SMSC Science</p>	