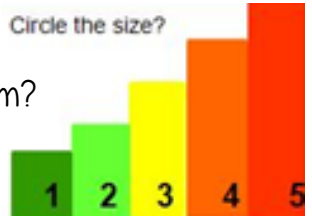
Stop Zone

1		Are you calm? Write or draw the tool you used.
2	What is the problem? Write or draw.	How big is the problem? Circle the size? 
3	What choices do you have for solving the problem? Write or draw.	
4	What are the consequences for each choice? Write or draw.	